

Ref: COVID-19_BourneClub_Update 13032020_14:54

Dear Members,

Currently, the Club remains open and operating as usual, and I encourage you to use the Club as normal.

Following on from my previous notice on COVID-19, which you can find on the Club website. Yesterday Public Health England release new information on self-isolation.

If you have the symptoms of Coronavirus follow the advice from Public Health England and the NHS:

Stay at home for 7 days if you have either: (DO NOT COME TO THE CLUB)

- a high temperature
- a new, continuous cough

For more information:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Basic hygiene

Hand sanitizer was ordered weeks ago and has still not arrived. The Club does have hand soap available in the changing rooms.

Everyone entering the club is to use the hand sanitizer provided (when it arrives), and wash their hands using soap and water in the changing rooms.

Basic Cleaning

The Club has increased its cleaning schedule, focusing on contact surfaces. (door handles, computer screens, floors, tables etc)

Gym

Please wash your hands before entering the gym, and as usual clean machines using the disinfecting spray and paper towel provided.

CafeBar

To reduce the risk of spreading the virus via the use of cash, can I ask everyone to top up and use your Bourne Club pre-payment accounts. You can do this at home Via the Club website.

Returning travellers

Information on specified countries and areas with implications for returning travellers or visitors arriving in the UK in the last 14 days, has been superseded by information in COVID-19: stay at home guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

If you test positive for COVID-19

If you test positive for COVID-19 and have been in the Club within the last 14 days, please inform the Club Manager via phone or e-mail. DO NOT COME TO THE CLUB.

Kind regard,

Alex Kemp
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The Bourne Club
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