



# BOURNE CLUB

## COVID-19 RESPONSE MEMBER INFORMATION

**25 July 2020**

Document Holder  
Author  
Classification  
Registered Office  
Registered in England No  
VAT Reg No  
Telephone  
Email  
Website

Club Manager  
Alex Kemp  
Non-Sensitive Information  
The Bourne Club Limited, 12 Frensham Road, FARNHAM, Surrey, GU9 8HB  
189241  
189031257  
01252 716144  
[information@bourneclub.co.uk](mailto:information@bourneclub.co.uk)  
[www.bourneclub.co.uk](http://www.bourneclub.co.uk)

## GENERAL

This Club Policy has been produced using Government regulations on the easing of lockdown restrictions and guidance from the relevant National Governing Bodies. (NGBs)

All measures put in place to enable activity to be resumed have the capability of being flexed or changed quickly if tighter movement/social distancing is reintroduced in the future or when the restrictions are further relaxed. Anyone wishing to suggest changes to this Policy is invited to write to [manager@bourneclub.co.uk](mailto:manager@bourneclub.co.uk)

This Policy is reviewed daily

- **Government regulations**

- Staying alert and safe (social distancing)
  - Updated 17 July 2020
  - <https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing-after-4-july>
- Providers of grassroots sport and gym/leisure facilities
  - 23 July 2020
  - <https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19/providers-of-grassroots-sport-and-gym-leisure-facilities#section-6-2>
- Coronavirus (COVID-19): guidance on the phased return of sport and recreation
  - 17 July 2020
  - <https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation>
- Reopen your business safely during coronavirus (COVID-19)
  - [https://www.gov.uk/coronavirus-business-reopening/y/fitness/over\\_4/yes/yes/for\\_work/yes](https://www.gov.uk/coronavirus-business-reopening/y/fitness/over_4/yes/yes/for_work/yes)
- Face coverings: when to wear one and how to make your own
  - <https://www.gov.uk/government/publications/face-coverings-when-to-wear-one-and-how-to-make-your-own/face-coverings-when-to-wear-one-and-how-to-make-your-own>

- **National Governing Bodies (NGB) guidance**

- Sport England
  - Coronavirus: what happens next?  
[https://www.sportengland.org/how-we-can-help/coronavirus/coronavirus-what-happens-next#your\\_questions\\_answered](https://www.sportengland.org/how-we-can-help/coronavirus/coronavirus-what-happens-next#your_questions_answered)
- Lawn Tennis Association (LTA)
  - Coronavirus (Covid-19) - latest update
  - 21/07/2020
  - <https://www.lta.org.uk/globalassets/venue/support-your-venue/documents/lta-guidance-for-tennis-venues---covid-19.pdf>
- England Squash
  - Guidance and resources for clubs, venues and coaches for the return to play
  - updated 23/07/20
  - <https://www.englandsquash.com/backtosquash>
- Badminton England
  - Club Advice
  - Version 4 published July 23rd 2020  
<https://www.badmintonengland.co.uk/media/8903/rtp-clubs-2.pdf>

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## The Club

- **[NEW] Opening Times**
  - The Club is open 0630 – 2300 Monday to Sunday
  - For times of specific facilities please look at the membership and booking system.
- **[NEW] Communication**
  - In person
    - The Club office is open, and you can pop in to talk to a member of staff
  - By E-mail
    - For all general enquires please e-mail [information@bourneclub.co.uk](mailto:information@bourneclub.co.uk) and a member of the staff team will get back to you ASAP
  - By Phone
    - For all general enquires please call 01252 716144
- **[NEW] Arriving at the Club**
  - The main front door is to be used for entering and leaving the Club.
  - **[NEW]** On entering the Club buildings everyone must use hand sanitizer
- **[NEW] Test and Trace**
  - To help with test and trace, when entering the Club everyone must swipe their key fob on the fob reader opposite the reception hatch.
  - If you have been instructed to self-isolate by Public Health England you are not to attend the Club
- **[NEW] Displaying Covid-19 symptoms**
  - If you are displaying Covid-19 symptoms you are not to enter the Club, stay at home.
- **[NEW] The Club Lounge**
  - The Lounge is open with reduced seating for a maximum of 20 members to socialise at any one time.
  - Booking screens in the Club lounge are not in use
- **[NEW] The Main toilets, changing room and showers**
  - The toilets are open, access is only by the back door, not via the old hall
  - The Changing rooms are open, access is only by the back door, not via the old hall
  - The showers are open, but members are advised to shower at home.
- **[NEW] The CafeBar**
  - Open 0930 - 2300 every day
  - We have gone cashless, please top up your member account to buy drinks and snacks
  - You are welcome to consume drinks and snacks in the garden or in the Club Lounge
  - Please put your rubbish in the bins provided and return your empty glasses and cups to the kitchen hatch
  - Please do not bring in your own drinks

- **[NEW] Social distancing**
  - Always stay at least two meters away from other people. (including during play, when taking breaks and before and after play)
- **[NEW] Face Masks**
  - The use of face masks for members and visitors is not compulsory. However, members and visitors may wear them if they so wish.
  - Please note there are situations where you might see Staff or Contractors using masks as we have to mitigate against additional risk; for example, when working within 2 meters of each other.
- **First Aid and the Defibrillator**
  - First Aid and the Defibrillator remain in the hut outside the main toilets next to tennis court 1
- **Casualty evacuation equipment**
  - The Stretcher and wheelchair remain in the hut outside the main toilets next to tennis court 1
- **Outdoor Handwashing facilities**
  - Handwashing facilities are available adjacent to courts 1 & 2, please observe social distancing rules (2m)
- **[NEW] Mobilise Sports Injury Clinic**
  - The Clinic is now open.
    - If you have bookings with Sam Harwood in the Clinic, please check with Mobilise Sports Injury Clinic for their COVID 19 control measures as they may differ to the Club, due to the nature of the services provided.

## Outdoor Tennis

- **[NEW] What is open?**
  - Outdoor Tennis courts 1 to 5 are open for Members from 7am.
- **[NEW] Bookings**
  - Booking continues in the normal way via the membership and booking system: <https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=skiftprefix>
  - You DO NOT need to log in when you arrive at the Club
- **Access**
  - **[NEW]** Access to the courts is via the normal front door, not the side gate due to maintenance
- **Playing tennis**
  - Both singles play and doubles play is now permitted with people from outside of your household, as long as you remain 2 meters apart as far as possible – meaning that four people from different households can now play doubles
  - **[NEW]** Members may turn on lights as required.
  - Stay at least two meters away from other players (including during play, when taking breaks and before and after play)
  - Do not make physical contact with other players (such as shaking hands or high five)
  - Avoid chasing the ball down to another court if other players are using it
  - For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
  - For coached sessions, pay careful attention to the instructions of the coach
  - Please respect Members playing on adjacent courts and observe social distancing rules (2m) at all times
  - Please allow players sufficient space to vacate a court before entering
  - Players should bring their own equipment; it is advised to avoid the use of communal rackets or tennis balls (new balls available for purchase as detailed above)
  - Members playing on the clay courts are asked to drag the court as per current Club policy; please wash your hands before and after doing so

○ **Club Sessions**

- **[NEW]** Some Club sessions are going to return soon.
- **[NEW]** All bookings will be via the Class module on the Membership and Booking System.
- <https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=skiftprefix>

Quick book

Book Class

Book Courts

Your main page

Your profile

Bookings

Memberships

Prepay

Transfer Funds

Booking Account

Invoices

POS Receipts

Door Access Log

Member List

Terms & Conditions

Your bookings

Outdoor Tennis: Court 3 (porous acrylic)  
Sun 26. Jul 2020 10:00 - 11:00

Outdoor Tennis: Court 4 (porous acrylic)  
Fri 31. Jul 2020 17:00 - 18:00

Your Memberships

Gold Adult  
Valid 1 Jul 2020 - 30 Jun 2021

VIEW DETAILS

From Date: 24-07-2020

Select Class type

Select Coach

Select Weekdays

Clear Filter

Classes from 24. July

Tuesday 28. July 2020

Tuesday Tennis Club Night  
Tue 28. Jul 2020  
19:00 - 22:00  
The Bourne Club  
Alex Fricker  
View Closed

Wednesday 29. July 2020

Back to Squash  
Wed 29. Jul 2020  
09:00 - 09:45  
The Bourne Club  
Gary Hales  
View Closed

Tuesday 4. August 2020

Tuesday Tennis Club Night  
Tue 4. Aug 2020  
19:00 - 22:00  
The Bourne Club  
Alex Fricker  
View Closed

Thursday 6. August 2020

Tennis Mix In  
Thu 6. Aug 2020  
10:00 - 12:00  
The Bourne Club  
Alex Fricker  
View Closed

These sessions will be available soon



## Coaching

- Individual lessons are allowed. Please contact Alex Fricker for further information  
[HeadcoachAFTennis@gmail.com](mailto:HeadcoachAFTennis@gmail.com)
- Tennis group coaching for Juniors is now available.

## Squash courts

- **[NEW] What is open?**
  - Squash courts 1 to 4 are open for Members from 7am.
  - Squash court changing rooms, toilets and showers are remaining closed. Please use the main facilities instead.
- **[NEW] Bookings**
  - Court booking times have been adjusted to reduce member contact during crossover time
  - Booking continues in the normal way via the membership and booking system:  
<https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=siftprefix>
  - You DO NOT need to log in when you arrive at the Club
- **[NEW] Access**
  - **[NEW]** Access to the courts is via the normal front door, not the side gate.
- **[NEW] Playing Squash**

Squash England have approved 4 different ways to play squash

  - **Match play / Full squash** game Players from the same household or support bubble can play 'normal' squash as they would have previous to COVID-19.
  - **Solo practice** Individual players can practice squash on their own. Options include a range of solo practices and drills to help maintain and improve squash skills.
  - **Sides** 'Sides' is a modified version of the game that allows two players from different households (not in a support bubble) to play on the court at the same time:
    - Only two players permitted
    - The aim is to hit a winner or force an error from your opponent as in regular squash
    - Only one player serves / touches the ball with their hand during the match
    - Both players must keep to their side of the court throughout each rally, using the full length of the court whilst maintaining safe social distancing throughout
    - If a player crosses into the other side of the court, they immediately forfeit the rally
    - If there is a danger of players breaching a safe social distance, they must call a let and replay the rally
    - Once a rally is complete, players switch sides of the court (maintaining a safe social distance) and the server restarts play

- Visits <https://www.englandsquash.com/backtosquash> for video on how to play sides and socially distanced practices
- **Coach-led activities** Up to 5 players from different households can be coached in the same session so long as social distancing requirements are maintained at all times, including when on the court.

### **[NEW] Club Sessions**

- Club sessions are current suspend
- When they return all bookings will be via the Class module on the Membership and Booking System.  
<https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=skiftprefix>
- **[NEW] Free back to squash and Racketball sessions for members**
  - Gary Hales will be running some free squash and Racketball sessions for members to help explain the 4 approved ways to play squash. Additional information to follow
  - All bookings will be via the Class module on the Membership and Booking System.
  - <https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=skiftprefix>
- **[NEW] Coaching**
  - Individual lessons are allowed. Please contact Gary Hales for further information  
[gary@thesquashcoach.co.uk](mailto:gary@thesquashcoach.co.uk)

## The Sports hall

- **[NEW] What is open?**
  - Due to technical difficulties the sports hall will be remaining closed.
  - We resolve this issue by Monday 27<sup>th</sup> July
- **[NEW] Bookings**
  - Booking continues in the normal way via the membership and booking system:  
<https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=siftprefix>
  - You DO NOT need to log in when you arrive at the Club
- **[NEW] Access**
  - Access to the courts is via the normal front door, not the side gate due to maintenance
- **[NEW] Playing Tennis indoors**
  - Both singles play and doubles play is now permitted with people from outside of your household, as long as you remain 2 meters apart as far as possible – meaning that four people from different households can now play doubles
  - Staff will turn on lights as required providing they have been booked.
  - Stay at least two meters away from other players (including during play, when taking breaks and before and after play)
  - Do not make physical contact with other players (such as shaking hands or high five)
  - Avoid chasing the ball down to another court if other players are using it
  - For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
  - For coached sessions, pay careful attention to the instructions of the coach
  - Please respect Members playing on adjacent courts and observe social distancing rules (2m) at all times
  - Please allow players sufficient space to vacate a court before entering
  - Players should bring their own equipment; it is advised to avoid the use of communal rackets or tennis balls (new balls available for purchase as detailed above)

- **[NEW] Playing Badminton indoors**
  - Both singles play and doubles play can now take place in groups of people from different households, as long as you remain 2 meters apart as far as possible – meaning that four people from different households can play doubles.
  - You can play singles and doubles using all areas of the court, within the respective court markings – if social distancing between adjacent courts cannot be maintained, you should only use the singles court markings.
  - Other than where players are from the same household or part of a support bubble, follow Government advice on staying alert and safe, and:
    - Stay at least two meters away from other players (including during play) as far as possible, when taking breaks and before and after play
    - Do not make physical contact with other players (such as shaking hands or high fiving)
    - Avoid chasing the shuttle down towards another court if other players are using it
    - For doubles, consider agreeing in advance which player will take the shot if a shuttle travels to the centre of the court
  - Members with Bronze memberships will be able to book the sports hall to play singles or with family groups as per current guidance.
- **[NEW] Club Sessions**
  - Badminton club nights will commence at the start of the badminton season from 1st September in line with Government and Badminton England guidelines.
  - When they return all bookings will be via the Class module on the Membership and Booking System
- **[NEW] Singles league**
  - If anyone would like to play singles in a box league format in August, please contact [badmintonchair@bourneclub.co.uk](mailto:badmintonchair@bourneclub.co.uk)
  - If there is enough interest this will be facilitated.

**[NEW] Coaching**

- Individual lessons are allowed. Please contact Adam Sturt for further information [adam.sturt@btinternet.com](mailto:adam.sturt@btinternet.com)
- Junior group coaching will re-commence from 1st September. Details will be communicated in August.
-

## The Gym

- **[NEW] What is open?**
  - The Gym is open for Members from 0630 - 2230
- **[NEW] Bookings**
  - To reduce crossover contact between members you now have to book a session via the Membership and Booking system:  
<https://bourneclub.clubsolution.co.uk/newlook/default.asp?f=skiftprefix>
  - If you do not know your login details, please contact the office.
- **[NEW] Access**
  - Access to the gym is via the main front door, then the toilet back door, not through the old hall which is closed
- **[NEW] Using the Gym**
  - Wash your hands before entering the Gym
  - A maximum of 3 people are allowed in the Gym at any one time
  - You must have booked a session
  - Always stay at least two meters away from other people
  - Zones have been created on the floor using caution tape
  - One person per Zone
  - The fitness machines have been moved to give members the maximum opportunity to use the machines they would like to use.
  - Do not use machines next to each other, you may have to wait.
  - Members are to clean the equipment after use
  - Floor mats will not be provided so please bring your own

## Old Hall

- Closed, no access