# BOURNE BOURNE COVID-19 RESPONSE INFORMATION

# 10 April 2021

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## General

The Information contained in this Club Policy has been produced using Government regulations on the lockdown restrictions and guidance from the relevant National Governing Bodies. (NGBs)

All measures put in place to enable activity to be resumed have the capability of being flexed or changed quickly if tighter movement/social distancing is reintroduced in the future or when the restrictions are further relaxed. Anyone wishing to suggest changes or amendments to this Policy is invited to write to <u>manager@bourneclub.co.uk</u>

This Policy is reviewed daily and republished as required, any key additions and updates to this policy will be indicated with [NEW] and [UPDATED] on the following pages

## Leadership and management

#### o COVID-19 Officer

• The Club's appointed Covid-19 officer is the Club Manager

## Local restriction tiers

- [UPDATED]National lockdown: Road map
- [NEW] COVID-19 Response Spring 2021

## References

#### **Government regulations**

- [UPDATED]National lockdown: Stay at Home
  - Check 10 April 2021
  - <u>https://www.gov.uk/coronavirus</u>
- [UPDATED]Providers of grassroots sport and sport facilities
  - Updated 8 April 2021
  - <u>https://www.gov.uk/guidance/working-safely-during-</u> <u>coronavirus-covid-19/providers-of-grassroots-sport-and-gym-</u> <u>leisure-facilities</u>
- [UPDATED]Face coverings
  - Updated 8 April 2021
  - <u>https://www.gov.uk/government/publications/face-coverings-</u> <u>when-to-wear-one-and-how-to-make-your-own/face-coverings-</u> <u>when-to-wear-one-and-how-to-make-your-own</u>
- [UPDATED]Test and Trace
  - Checked 28 March 2021
  - <u>https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/</u>
- [NEW]HSE
  - Coronavirus (COVID-19)
  - $\circ$  Checked 8 April 2021
  - <u>https://www.hse.gov.uk/coronavirus/index.htm</u>

#### National Governing Body guidance

- [UPDATED]Sport England
  - o Return to play
  - Checked 8 April 2021
  - <u>https://www.sportengland.org/how-we-can-</u> <u>help/coronavirus/return-play</u>
- [UPDATED]Lawn Tennis Association (LTA)
  - Coronavirus (Covid-19) latest update
  - Updated 9 April 2021
  - <u>https://www.lta.org.uk/about-us/tennis-news/news-and-opinion/general-news/2020/march/coronavirus-covid-19---latest-advice/#england</u>
- England Squash
  - Guidance and resources for clubs, venues and coaches for the return to play
  - updated 8 April 2021
  - https://www.englandsquash.com/back-to-squash/guidance
- o <u>Badminton England</u>
  - Guidance for clubs, venues and coaches
  - updated 9 April 2021
  - <u>https://www.badmintonengland.co.uk/media/9169/badminton-activity-by-tier-winter-plan.pdf</u>
- Exercise, Music and Dance UK (EMDUK)
  - National governing body for group exercise
  - Guidance for clubs, venues and coaches
  - updated 01/04/2021
  - <u>https://emduk.org/important-information-from-emd-uk-on-coronavirus-covid-19/</u>

## The Club

#### • Opening Times

- [UPDATED] From 29<sup>th</sup> March 2021 The Club is open
  - [NEW] 06:30 22:00 Monday to Saturday
  - [NEW] 08:00 22:00 on Sunday
- For times of specific facilities please look at the membership and booking system.

#### Communication

- o In person
  - The Club office is open, and you can pop in to talk to a member of staff
- By E-mail
  - For all general enquires please e-mail <u>information@bourneclub.co.uk</u> and a member of the staff team will get back to you ASAP
- o By Phone
  - For all general enquires please call 01252 716144

#### • [NEW] Access and arriving at the Club

- The main front door or side gate maybe used for entering and leaving the Club.
- On entering the Club buildings everyone must use hand sanitizer.
- $\circ$  [NEW] The disabled access door is now operational with the use of a fob

#### • Test and Trace

• If you have been instructed to self-isolate by Public Health England you are not to attend the Club.

## Displaying Covid-19 symptoms

 If you are displaying Covid-19 symptoms you are not to enter the Club, stay at home and follow Gov instructions.

#### • [UPDATED]The Club Lounge

• The Lounge is closed, members are not to use this facility. You may walk through the Club house, providing you are wearing a face covering.

#### • [NEW]The Main toilets, changing room and showers

- The toilets are open
- The changing rooms are open, access is only by the back door, not via the old hall.
- $\circ\;$  The showers are open, but members are advised to shower at home.

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#### • [NEW]The CafeBar

- From the 12<sup>th</sup> April the CafeBar is open:
  - [NEW] 10:00 22:00 Monday to Friday and Sunday
  - [NEW] 09:00 22:00 Saturday
- Outside Table service is the only way to order anything from the CafeBar, such as food or drinks.
- To call for table service please wave at the member of staff on duty behind the Bar. If you are outside in the garden, please call the Club office phone on 01252 716144. A member of staff will come to your table and take your order.
- We have gone cashless, please top up your member account to buy drinks and snacks.
- Please do not bring in your own drinks

## • Social distancing

 Always stay at least two meters away from other people. (including during play, when taking breaks and before and after play)

## • [NEW]Socialising at the Club

- Meeting friends and family outdoors (rule of 6)
  - You can meet up outdoors with friends and family you do not live with, either:
- In a group of up to 6 from any number of households (children of all ages count towards the limit of 6)
  - in a group of any size from up to two households (each household can include an existing support bubble, if eligible)

## • Face Covering

- Everyone is to wear a face covering inside Club buildings.
- The Bourne Club considers that the responsibility of wearing a face covering sits with individuals and we expect all our members, visitors and contractors to adhere to this requirement where possible and or practical.
- Please be mindful and respectful towards members of our community who, due to individual circumstances, may be unable to wear a face covering; their reasons may not be visible to others.
- Please note there are situations where you might see Staff or Contractors using masks as we must mitigate against additional risk; for example, when working within 2 meters of each other.
- Coaches and sport professionals should wear a face covering if they are not participating in sport.

## • First Aid and the Defibrillator

• [UPDATED] Aid and the Defibrillator is now located in the wooden shack next to tennis court 1

#### • Casualty evacuation equipment

• [UPDATED] The Stretcher and wheelchair are now located is now wooden shack next to tennis court 1

#### • Outdoor Handwashing facilities

- The main toilets are open or outdoor handwashing facilities are available adjacent to courts 1 & 2, please observe social distancing rules (2m)
- Mobilise Sports Injury Clinic
  - The Clinic is open.
    - If you have bookings with Sam Harwood in the Clinic, please check with Mobilise Sports Injury Clinic for their COVID 19 control measures as they may differ to the Club, due to the nature of the services provided.

## **Outdoor Tennis**

- [NEW] What is open?
  - [NEW] Outdoor Tennis courts 1 to 5 are open for Members from 7am Monday to Friday and 8am on Sunday.

#### • Bookings

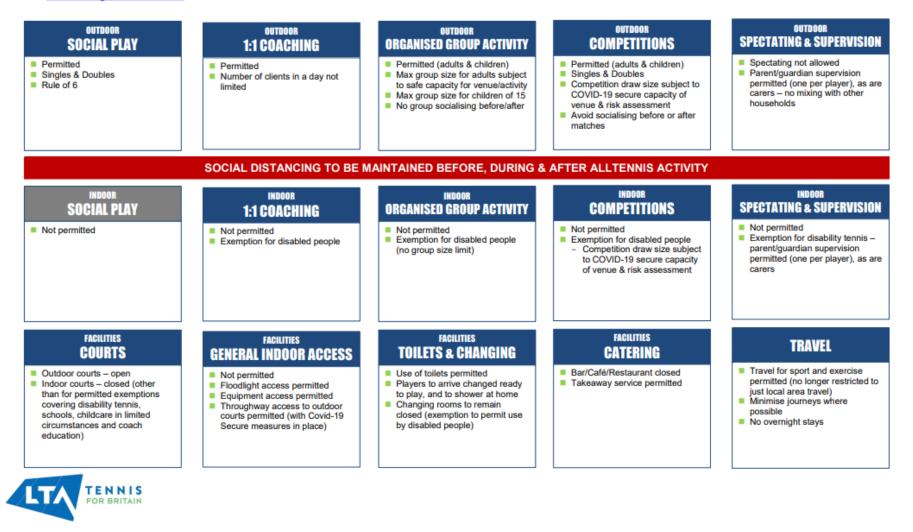
- Booking continues in the normal way via the membership and booking system:<u>https://bourneclub.clubsolution.co.uk/newlook/defau</u> <u>lt.asp?f=skiftprefix</u>
- You DO NOT need to log in when you arrive at the Club
- Access
  - Access to the courts is via the side gate.

#### • [NEW] Playing tennis

- Members may turn on lights as required
- Stay at least two meters away from other players (including during play, when taking breaks and before and after play)
- Do not make physical contact with other players (such as shaking hands or high five)
- For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
- Please allow players sufficient space to vacate a court before entering
- Members playing on the clay courts are asked to drag the court as per current Club policy; please wash your hands before and after doing so.
- https://www.lta.org.uk/globalassets/news/2021/summa ry-grid---permitted-tennis-activity.pdf

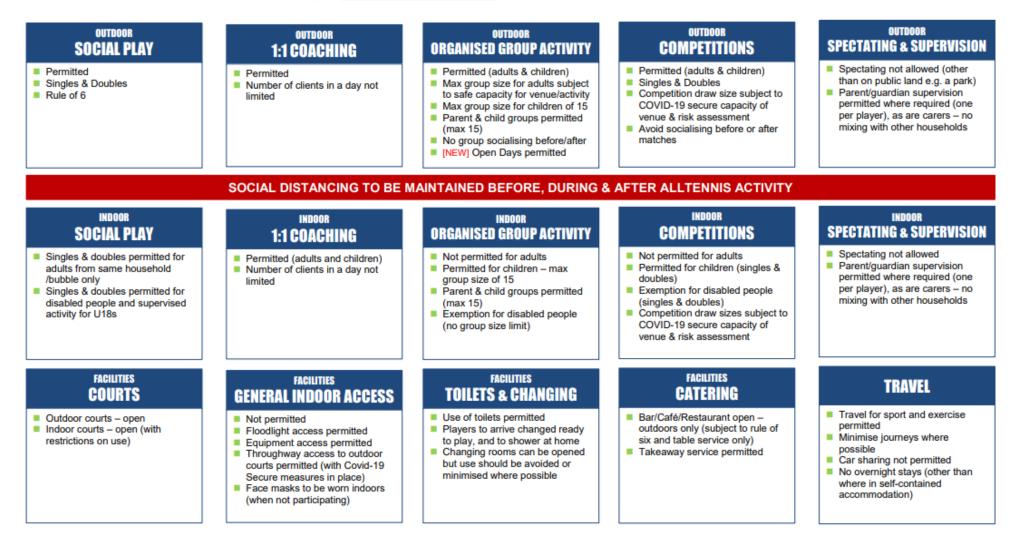
## SUMMARY GRID: COVID-19 RESTRICTIONS IN ENGLAND STEP 1: PERMITTED TENNIS ACTIVITY FROM 29 MARCH

This grid outlines a summary of what tennis activity will be permitted under the Government restrictions across England from 29 March. Where activity is listed as permitted, this may still be subject to additional restrictions and protocols – venues, coaches, players and officials should refer to the LTA's full COVID-19 Secure detailed guidance at <a href="http://www.lta.org.uk/coronavirus">www.lta.org.uk/coronavirus</a>



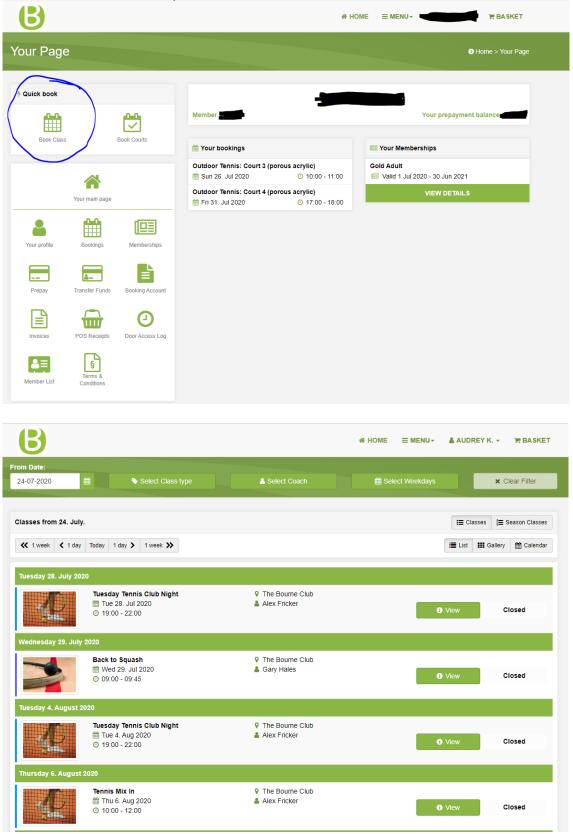
# SUMMARY GRID: COVID-19 RESTRICTIONS IN ENGLAND STEP 2: PERMITTED TENNIS ACTIVITY FROM 12 APRIL

This grid outlines a summary of what tennis activity is permitted under Step 2 of the Government restrictions across England, with this applying from Monday 12 April 2021. Where activity is listed as permitted, this may still be subject to additional restrictions and protocols – for further information and latest updates venues, coaches, players and officials should refer to the LTA's dedicated information page at <a href="http://www.lta.org.uk/coronavirus">www.lta.org.uk/coronavirus</a>



#### **Club Sessions**

- Club sessions are running.
- All bookings are to be made via the Class module on the Membership and Booking System
- <u>https://bourneclub.clubsolution.co.uk/newlook/default.asp?f</u>
   <u>skiftprefix</u>



#### **Tennis Coaching**

- [NEW] Individual lessons are allowed. Please contact any of the Tennis coach's further information:
  - jamescooles.coach@bourneclub.co.uk
  - adamsturt.coach@bourneclub.co.uk
  - Justinworthy.coach@bourneclub.co.uk
- [NEW] Tennis group coaching is now available via the booking system in the termly courses and camps

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	Tennis - Adult Beginners            ← 02-11-2020 - 30-11-2020             Ø (Sign up covers 5 days)             Mondays         O 11:00 - 12:00             ▲ James Cooles	<ul> <li>♀ The Bourne Club</li> <li>☑ 6 available bookings</li> </ul>	View     Closed
	Tennis - Adult Intermediate            ← 02-11-2020 - 30-11-2020             ଡ (Sign up covers 5 days)             m Mondays             ∞ 11:00 - 12:00             ▲ Alex Fricker	<ul> <li>♀ The Bourne Club</li> <li>☑ 6 available bookings</li> </ul>	View     Closed
	Tennis - Adult Improvers Doubles                ← 02-12-2020 - 16-12-2020                 ଡ             (Sign up covers 3 days)                 wednesdays	<ul> <li>9 The Bourne Club</li> <li>☑ 6 available bookings</li> <li>☑ £ 27.00</li> </ul>	• View
	Tennis - Adult Intermediate Doubles                ← 02-12-2020 - 16-12-2020                 ଡ             (Sign up covers 3 days)                 ŵ             Wednesdays	<ul> <li>♀ The Bourne Club</li> <li>☑ 6 available bookings</li> <li>☑ £ 27.00</li> </ul>	• View
	Tennis - Adult Beginners         ↔ 04-12-2020 - 18-12-2020         ③ (Sign up covers 3 days)         m Fridays       ۞ 10:00 - 11:00         ▲ James Cooles	<ul> <li>9 The Bourne Club</li> <li>☑ 6 available bookings</li> <li>☑ £ 27.00</li> </ul>	• View
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- [NEW] Where attendance of a parent/guardian (nonparticipant) is required, or a carer for a disabled player, it is permitted, but should be off court and limited to one per player where possible
- [NEW] Supporters, parents, and other spectators should remain socially distanced whilst attending events.
   Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance

## [NEW] Padel court

- What is open?
  - [NEW] The Padel Court is open from 7am Monday to Friday and 8am on Sunday.
- [NEW] Bookings
  - Booking continues in the normal way via the membership and booking system:<u>https://bourneclub.clubsolution.co.uk/newlook/defau</u> <u>lt.asp?f=skiftprefix</u>
  - You DO NOT need to log in when you arrive at the Club
- [NEW] Access
  - Access to the courts is via the side gate.
- [NEW] Playing Padel
  - Members may turn on lights as required
  - Stay at least two meters away from other players (including during play, when taking breaks and before and after play)
  - Do not make physical contact with other players (such as shaking hands or high five)
  - For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
  - Please allow players sufficient space to vacate a court before entering
  - Avoid touching the walls
  - Padel rackets can be borrowed from the Club lounge, please clean the rackets after use with the spray provided.
  - Padel Rules <u>https://www.padelfip.com/wp-</u> content/uploads/2017/06/Rules-of-Padel.pdf

#### • [NEW] Padel Coaching

- [NEW] Individual lessons are allowed. Please contact any of the Tennis coach's further information:
  - jamescooles.coach@bourneclub.co.uk

## Squash courts

- [NEW] What is open?
  - [NEW] Squash courts 1 to 4 are open for Members from 8am to 10pm.
    - [NEW] Squash court changing rooms, toilets and showers are open.

#### Bookings 0

- Court booking times have been adjusted to reduce member contact during crossover time
- Booking continues in the normal way via the membership and booking system: https://bourneclub.clubsolution.co.uk/newlook/default.asp?f =skiftprefix
- You DO NOT need to log in when you arrive at the Club

#### • Access

Access to the courts is via the side gate.

#### [NEW] Playing Squash

- Solo practice or one-to-one coaching for adults
- Same household play including with your support bubble (as defined by the Government)

#### BACK TO SQUASH TIMELINE CURRENT STATUS

Last updated 8th April

This is intended as a guide to show what is allowed at the various steps and is subject to change dependent on UK Government advice/legislation. For all guidance on the return to play, visit englandsquash.com/backtosquash

The UK Government has confirmed that Step 2 of the spring roadmap will go ahead from 12th April allowing squash courts to reopen for individual and same household/support bubble activity, one-to-one coaching and out-of-school-setting activity only. England Squash has released version 6 of the Back to Squash guidance

sauash

From 8 March	From 29 March	From 12 April	From 17 May*	From 21 June*
Step 1A Sport for education permitted in specific circumstances. • Curricular and OOSS (Out-of-school settings) squash allowed (must follow schools'/DfE guidance)	Step 1B Indoor disability sport permitted • Indoor disability sport with no social contact limitations whilst participating	<ul> <li>Step 2</li> <li>Squash courts can open for use by individuals or same household groups.</li> <li>Adults - solo practice or same household/support bubble squash</li> <li>U18s - organised (coach/club led) out-of-school settings activities for up to 15 players</li> <li>One-to-one coaching for adults</li> <li>Club cafés and bars can open to serve outdoors or takeaway only</li> </ul>	<ul> <li>Step 3 TBC</li> <li>A group of up to six people or two households can meet indoors.</li> <li>Adults and juniors – modified version of squash</li> <li>Coaching a group of up to six players (adults and juniors)</li> <li>Internal club competition</li> <li>Indoor hospitality areas may open, including club bars and cafés</li> </ul>	Step 4 TBC Social contact measures relaxed. • All play, competitions and coaching • All hospitality areas open without restriction

#### **Club Sessions**

- Club sessions are current suspended
- When they return all bookings will be via the Class module on the Membership and Booking System. https://bourneclub.clubsolution.co.uk/newlook/default.asp?f =skiftprefix

#### [NEW] Squash Coaching

- [NEW] Individual lessons are allowed. Please contact Gary Hales for further information please e-mail garyhales.coach@bourneclub.co.uk
- [NEW] Squash and Racketball Group coaching for juniors is now available via the booking system in the termly courses and camps

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	Tennis - Adult Beginners         ↔ 02-11-2020 - 30-11-2020         ③ (Sign up covers 5 days)            Mondays             Mondays             Admes Cooles	<ul> <li>♀ The Bourne Club</li> <li>☑ 6 available bookings</li> </ul>	• View Closed
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	Tennis - Adult Intermediate Doubles           ↔ 02-12-2020 - 16-12-2020           ③ (Sign up covers 3 days)           ﷺ Wednesdays ⊙ 20:00 - 21:00           ▲ James Cooles	<ul> <li>P The Bourne Club</li> <li>If available bookings</li> <li>If 27.00</li> </ul>	<b>O</b> View
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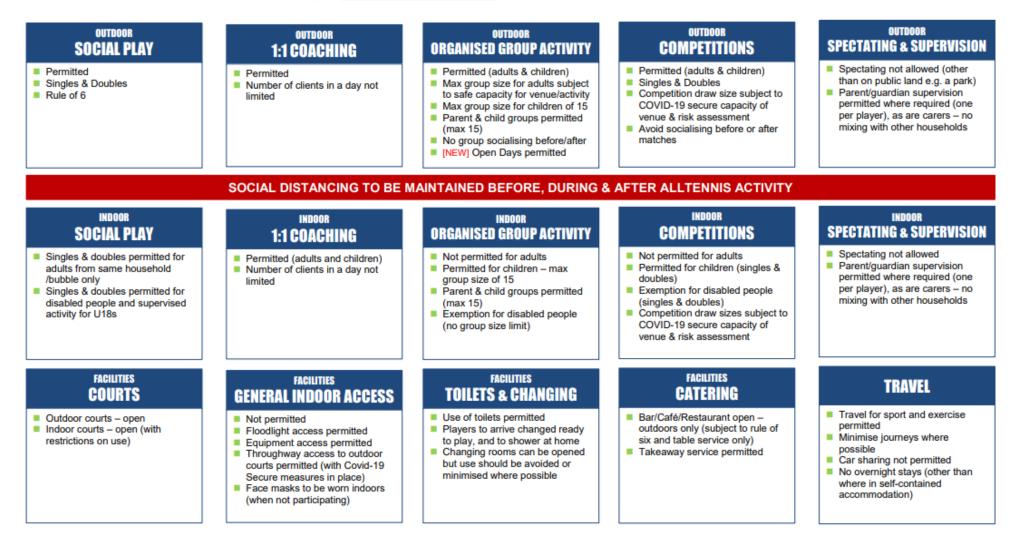
- [NEW] Where attendance of a parent/guardian (non-participant) is required, or a carer for a disabled player, it is permitted, but should be off court and limited to one per player where possible
- [NEW] Supporters, parents, and other spectators should remain socially distanced whilst attending events.
   Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance

## The Sports Hall

- [NEW] What is open?
  - The sports hall is open for Members from 8am to 10pm.
- [NEW] Bookings
  - Booking continues in the normal way via the membership and booking system: <u>https://bourneclub.clubsolution.co.uk/newlook/default.asp?f</u> <u>=skiftprefix</u>
  - You DO NOT need to log in when you arrive at the Club
- [NEW] Access
  - Access to the courts is via the normal front door
- [NEW] Playing Tennis indoors
  - Members may turn on lights as required
  - Stay at least two meters away from other players (including during play, when taking breaks and before and after play)
  - Do not make physical contact with other players (such as shaking hands or high five)
  - For doubles, consider agreeing in advance which player will take the shot if a ball travels to the centre of the court
  - Please allow players sufficient space to vacate a court before entering
  - Members playing on the clay courts are asked to drag the court as per current Club policy; please wash your hands before and after doing so.
  - https://www.lta.org.uk/globalassets/news/2021/summa ry-grid---permitted-tennis-activity.pdf

# SUMMARY GRID: COVID-19 RESTRICTIONS IN ENGLAND STEP 2: PERMITTED TENNIS ACTIVITY FROM 12 APRIL

This grid outlines a summary of what tennis activity is permitted under Step 2 of the Government restrictions across England, with this applying from Monday 12 April 2021. Where activity is listed as permitted, this may still be subject to additional restrictions and protocols – for further information and latest updates venues, coaches, players and officials should refer to the LTA's dedicated information page at <a href="http://www.lta.org.uk/coronavirus">www.lta.org.uk/coronavirus</a>



#### [NEW] Playing Badminton indoors

- <u>https://www.badmintonengland.co.uk/wp-</u> content/uploads/2021/04/RTP-TIER-3-APR-2021-V2.pdf
- Adults household only singles or doubles permitted
- Young people junior clubs/organised sessions/coached sessions– all permitted with a maximum group size of 1 coach to 15 players. More than one group permitted based on social distancing being adhered to.
- 1-1 coaching permitted for adults and juniors (coaches permitted to coach a household); no limit on number of clients in a day
- Tournaments localised junior tournaments permitted
- Members with Bronze memberships will be able to book the sports hall to play singles or with family groups as per current guidance.

#### • [NEW] Badminton Club Sessions

Not running

#### • [NEW] Badminton Coaching

- [NEW] Individual lessons are allowed. Please contact Adam Sturt for further information: adamsturt.coach@bourneclub.co.uk
- [NEW] Badminton Group coaching for juniors is now available via the booking system in the termly courses and camps

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- [NEW] Where attendance of a parent/guardian (nonparticipant) is required, or a carer for a disabled player, it is permitted, but should be off court and limited to one per player where possible
- [NEW] Supporters, parents, and other spectators should remain socially distanced whilst attending events.
   Spectator groups must be restricted to discrete six person gathering limits and spread out, in line with wider government guidance

#### • [NEW] Playing Pickable indoors

- https://www.pickleballengland.org/
- Same household only singles or doubles permitted.
- Members with Bronze memberships will be able to book the sports hall to play singles or with family groups as per current guidance.

#### • [NEW] Pickleball Club Sessions

Not running

## The Gym

- [NEW] What is open?
  - The Gym is open for Members:
  - [NEW] 06:30 22:00 Monday to Saturday
  - [NEW] 08:00 22:00 on Sunday

#### o [NEW] Bookings

- To comply with the Gov regulation the number of bookings for the gym will be reduced to 3 bookings at any time.
- You must book a session via the Membership and Booking system: <u>https://bourneclub.clubsolution.co.uk/newlook/default.asp?f</u> <u>=skiftprefix</u>
- If you do not know your login details, please contact the office.

#### • Access

 [NEW] Access to the gym is via the main front door, then the toilet back door, not through the old hall which might be in use.

#### • Using the Gym

- Wash your hands before entering the Gym
- Sanitize your hands between workstations
- You must have booked a session
- Always stay at least two meters away from other people
- Zones have been created on the floor using caution tape
- One person per Zone
- The fitness machines have been moved to give members the maximum opportunity to use the machines they would like to use.
- Do not use machines next to each other, you may have to wait.
- Members are to clean the equipment after use with the wipes provided.
- Floor mats will not be provided so please bring your own

## Old Hall

#### • What is open?

- The Old hall is closed
- More information coming soon.